

FOR PARENTS ONLY

By Nancy Cleaver

HOME GAMES

There should be a convenient place in every home where games are stored ready for use. This collection of games should be added to from time to time.

The old-fashioned games such as checkers, dominoes, tiddlywinks and parcheesi may be enjoyed by a school child or an older person. Crokinole, ping pong and darts are three excellent skill games for teen-agers. Bean bags and ring tossing games can be played by smaller children.

PASS THE TIME

A wide variety of attractive games help to pass the time when boys and girls are confined to the house with a cold or some minor ailment. They are a great help in the holiday season or when unexpected younger guests arrive eager for some fun. During a cold, wet spell of weather, young children are in doors more than when the weather is fine. If they have games to play they are less likely to get into mischief or start to quarrel or complain.

The person who takes the game out of the game cupboard should be

responsible for putting it back. A set of rules for each game should be kept. By referring to written instructions, many heated arguments between players may be avoided. It is necessary to give a younger child a definite advantage at the start, in order to make a skill game such as tossing rubber horseshoes more interesting. The younger boy or girl could be allowed to stand two or three feet nearer the stake than the other players.

Stick to the rules, once they are agreed on, so that each child learns to play fair. "Good sports" are not born, but made through experience. A child must learn by example and by encouragement to be a good loser and a generous winner.

GAMES SESSION

In some homes where the family unite on a Saturday on a special work project, such as housecleaning the cellar or attic or tidying up a yard, there is an understanding that in the evening there will be a games session. Mother and Dad take time off to join in the good time because son and daughter have shared with

ingly in the household tasks. In other families right after the supper dishes are done, there is a short time when whoever feels like playing a game is free to do so. A third plan is to have "Family Fun Time" Friday or Saturday evening.

The family spend playing together is never wasted. Laughter and friendly competition form a kind of invisible cement in the family circle. The different members of the family get to know each other and appreciate each other better.

SUGGEST GROW FLAX

Agricultural experts contend experienced flax growers should allocate at least some of their intended acreage this spring to flax, in order to diversify production and be in a position to take advantage of any change in the flax supply situation

this year.

Diversified production of crops suitable for the land under cultivation often gives a grower an advantage over other farmers who follow prevailing acreage trends. There are several seasons on record where conditions have been unfavorable for wheat and other cereal crops but satisfactory as far as flax production is concerned. Increased yields of some crops can make up for lowered returns from others.

It should be noted also that with recommended and tested varieties and new methods of culture, most of the hazards connected with growing flax have been removed. The judicious use of weed killers has made a constructive contribution in increasing yields which on the prairies have risen from 6 bushels an acre in 1943

Let's Eat
BY
IDA BAILEY ALLEN

The meaning of cake-making terms used in recipes must be fully understood. For instance:

"To sift" means to restore lightness or break up lumps, by passing dry ingredients through a flour sifter.

"To cream" means to beat or blend shortening with or without sugar by means of a wooden spoon or electric mixer, until soft and light.

"To beat batter" means to mix and blend with a rapid rotary stroke with a spoon or whisk, 60 strokes to a minute. (Or use an electric mixer.)

"To fold" means to incorporate ingredients gently into a mixture by using an over-and-over rotary motion of the spoon, until evenly distributed.

"To whip" means to beat with a rapid motion to enclose all the air possible, by means of a spoon, hand-beater or electric mixer.

TOMORROW'S DINNER
Grapefruit
Spareribs with Corn-Bread Stuffing
Cabbage with Olives
Sweetpotatoes
Orange Layer Cake
Coffee or Tea Milk (Children)
All Measurements Are Level
Recipes Serve Four
Spareribs with Corn-Bread Stuffing
Order 2 strips spareribs cracked. Dust with salt, pepper and 1-4 tsp. thyme. Place one strip in a baking pan. Heap on corn-bread stuffing in mound shape. Cover with the second strip of spareribs. Dust with flour; place in a hot oven, 425 F, and bake until the flour and spareribs begin to brown. Reduce the heat to 350 F. Roast 1-2 hrs., basting 3 or 4 times with 1 c. hot water or meat stock containing 1 tsp. melted margarine and 1 tsp. gravy seasoning. Small,

peeled sweetpotatoes may be baked with the spareribs.

Corn-Bread Stuffing: Make 1 recipe corn-bread and crumble it coarse, making about 5 c. Add 3 c. soft white bread crumbs. In 1-3 c. melted margarine, saute 3-4 c. fine-diced celery, 1-3 c. minced onion and 1-2 c. chopped tart apple, until beginning to turn yellow. Then add 1-2 tsp. salt, 1-2 tsp. pepper and 1-2 tsp. poultry seasoning or 1 tsp. powdered sage, and 1 large egg, beaten. With a fork stir in 1 c. water. Use as directed in the preceding recipe, or in stuffing turkey, goose or duck.

Cabbage With Olives
Cut enough crisp white cabbage in strips about 3" long and 1-2" wide to make 4 c. Boil in salted water to cover, then drain. Add 1-2 c. soured cream, 1-4 tsp. salt, 1-8 tsp. pepper and 6 sliced stuffed olives. Cover and heat over hot water about 10 minutes.

Orange Layer Cake
Cream together 1-3 c. butter or margarine, 1 c. sugar, and the yolks of 2 eggs. Add the grated rind of 1 orange. Next sift together 1-2 c. flour, 1-2 tsp. baking powder and 1-3 tsp. salt. Add to the creamed mixture alternately with 1-2 c. orange juice. Beat 1-2 min. (that is, 30 strokes). Last beat the 2 egg whites stiff. Fold into the cake batter, and transfer to 2 oiled 8" layer cake pans. Bake 25 min. in a moderate oven, 375 F. Put together with orange marmalade, and top with sifted confectioner's sugar or a thin spreading of sweetened whipped cream.

TRICK OF THE CHEF
To make a dainty topping for cake, lay a paper dolly on top. Sift over plenty of confectioner's sugar. Lift carefully, and the dolly design will appear in sugar on the cake.

Local Happenings

Miss Helen Clemis, formerly matron of the local hospital, but now living in Lethbridge is a patient in Galt Hospital.

Mr. and Mrs. Ray Depew and son Kay Cook and Mrs. Lauretta Dahl, left Thursday for Salt Lake City where Kay will attend the mission school, leaving in a couple of weeks for San Francisco to await a boat for Australia.

Mrs. Dahl will visit her daughter Mrs. Ernest Zobrist in Boise Idaho and later in Utah.

Mr. and Mrs. Ray Powsland and Mr. and Mrs. Albert Perry of Del Bonita are visitors at the home of their parents Mr. and Mrs. Stanley Greep.

The Birthday Club honored Mrs. Theima Court Wednesday evening with a party held at the home of Mrs. Eva Ralph. Following a delicious luncheon Mrs. Court was presented with a birthday gift. Mrs. Lucille Larson was a special guest.

Mrs. Ellis Honinger and Mrs. Marva Nalder returned from Calgary recently where Mrs. Nalder received medical treatment. Her many friends

The Messes Beth Falls and Lane Miner entertained the Business Girls Club at Kensing on this week.

to over 9 bushels an acre in 1948.

The world flax supply situation is worthy of study before making decisions on flax acreage. It is true that substantial supplies are available for export in two leading flax producing countries, the United States and Canada. On the other hand in Argentina another major flaxseed exporter, the flax crop this season has been sharply reduced by drought and frost.

It should be noted the United States consumes large quantities of this essential commodity and a poor growing season in that country this year would result in heavy demands on any surplus.

It is felt by the Flax Improvement Committee that farmers who have given close study to the growing of flax plant to grow some acreage this spring. This would conform to the approved policy in the United States where it has been found that experienced flax growers steadily increased yields and cash returns by adopting modern methods of cultivation and the use of recommended varieties.

will be pleased to know that she is improving.

Much credit is due to be president of the Ladies Curling Club Mrs. Ralph Reed for the outstanding success of the first Curling Club Dance enjoyed by over three hundred and twenty five people. Mr. and Mrs. Heber Allen, Mr. and Mrs. S. B. Card and Mr. and Mrs. Ralph Reed received the guests and Mr. M. T. King acted as Master of Ceremonies for the evening. Ten boxes of home-made chocolates were given away in spot dances. Laurence Babb was the lucky winner of the Curling Rocks with Alma Evans winning the Prestone Anti-Freeze. Door prizes were won by L. Christensen and V. Grbavack. The large box of candy was won by L. B. Viaw of Lethbridge. The Opera House was artistically decorated, using curling motifs of brooms, turn o'shaunters and curling rocks by a committee under the capable leadership of Mrs. Glen Meeks.

CARD OF THANKS

The Ladies Curling Club wish to thank all those who helped make the Curling Club Dance such a success.

The Friday night club met last week at the home of Mrs. June Alfred when Mrs. Mary Thompson gave an interesting review of the book "Cheaper-by the Dozen" Special guests were Mesdames Fern Selby and Lucille Paxman. A valentine lunch was served.

Miss Lillian Clarkson of Vulcan was a guest here the past week of Mrs. Alice Christensen. Miss Clarkson will be remembered by many here as a member of the local hospital staff. For the past two years she has been nursing at the Western General Hospital in Toronto.

Miss Hazel Taylor has returned from Chicago and is now employed in Lethbridge.

Mrs. Lenore Rolfsen and small daughter Janet of Taber spent a few days here last week visiting her sister Mrs. William Meeks.

Mr. T. George Wood will be returning to his home from the local hospital where he has been a patient for the past week.

Friends surprised Bill Meeks at his home Sunday evening with a birthday party.

IF ALL MEN WERE GODS

By Joseph Lister Rutledge
Prime Minister Louis St. Laurent announced in the House some days ago the encouraging news that Canada was getting ahead nicely. During the past three years, it appears, we have improved our position by \$1,500,000,000.

"Nice going", we say, a bit staggered by such vast figures. But when we have caught our breath we begin to wonder. It's pleasant to hear that a great burden of debt has been lifted from Canadian shoulders and that now each of us owes \$150 less as our share of the public debt.

But we don't live in that public way. We never thought much about our share of the public debt. What would really impress us, seeing that we're doing so well as a nation, is if government would forget about us as citizen pawns in the game and would think of us as individuals. We would like somebody to start figuring that we might be permitted to keep a little more of our own money to use for our personal needs.

Births

HILL—To Mr. and Mrs. C. M. Hill, a daughter.

WALKER—To Mr. and Mrs. Ralph Walker a son.



VANCOUVER GIRL RECOVERS SPEECH



A miracle occurred for Laverne Tindale, 13, of Vancouver when she got her speech back. She became paralyzed and mute as a result of an accident four months ago. Imagine her surprise when she said "shoes" when shown a pair of ballet slippers.

ISN'T IT FUNNY

That so many
Business men
Will get up in the morning
Refresh themselves with a dose of advertised fruit salt,
Clean their teeth with an advertised toothbrush and tooth paste,
Shave with an advertised razor, Wash and shave with advertised soaps
Put on advertised underwear, Advertisd hose, garters, shirt, collar and shoes,
Seat themselves at the table
And eat advertised breakfast food and bread,
Drink advertised coffee, tea or cocoa,
Put on an advertised hat and gloves,
Light an advertised cigarette, With an advertised match
Go to work in an advertised motor car
Give letters to a typist
Who types on an advertised machine,
Use advertised carbons,
Sign their letters with an advertised pen
Containing an advertised ink,
And turn down a proposal to advertise
On the ground that Advertising Doesn't Pay!

Phone 24

THE RECORDER

Fashions



The dress-up date dress offers a handsome contribution to the after-five social scene this winter. This particular model, pleasantly typical of the newest phase of this most useful item of the well-rounded wardrobe, is of brown crepe nicely garnished with ecru lace. The lace is used for the bodice and shoulder straps, nicely punctuated by a certain collar of the dress fabric. The fitted bodice is in nice contrast to the gently gathered skirt.

This road leads
to pleasure...

No one questions the importance of good roads. We need them to maintain the tempo of modern living.

Yet far more important to the future of Alberta is Education—the road that leads to Life.

Dollars poured into gravel and asphalt make life more pleasant. Dollars spent on young minds are a priceless investment in the future. Education is the most important duty of our Provincial Government, and that Provincial grants should reflect this importance. Express your opinion to your M.L.A. In the minds of children today is what Alberta will be tomorrow.

This advertisement inserted by Alberta Educational with 14 supporting provincial and many local organizations.